

as seen in...

**HELLO!**  
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POISED TO WED PRINCE WILLIAM  
**KATE MIDDLETON**  
STARTS THE NEW YEAR WITH STYLE AND CONFIDENCE

**PLUS:**  
Priceless advice from Diana's former private secretary

**chatelaine**  
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HOW TO FIND A GREAT DOCTOR  
CELEBRITY CHEFS WHAT THEY COOK AT HOME  
Sour cream pancakes  
Roasted leg of lamb

Style | BEAUTY

### Silver polish

As your grey grows in, adjust your beauty regime. Hair-care products and cosmetics designed specifically with you in mind make silver hair look spectacular.

**MAKE YOUR HAIR SHINE**  
Shampoos and conditioners made for silver hair take the yellow out of grey, says Calgary-based stylist Jami Symons. "They make hair frosty and white, and rid hair of brassiness. It works like a blue rinse for your whites." Symons also recommends getting lowlights (in ash shades) and highlights (in platinum tints) to look your best while growing in your grey. (1) AG Sterling Silver Toning Shampoo, \$14 (237 mL). (2) Pantene Pro-V Silver Expressions Daily Colour Enhancing Shampoo, \$10 (384 mL). (3) Pantene Pro-V Silver Expressions Daily Colour Enhancing Conditioner, \$10 (400 mL). (4) AG Sterling Silver Toning Conditioner, \$14 (178 mL).

**BY MALENA OGRYZLO-HARRIS**

**1. Sweet Debra**  
1. Redken Blonde Glow Fresh Gold color-activating treatment, \$25.99, salon across Canada  
2. John Frieda Embury silver conditioner, \$14.99, salon across Canada  
3. John Frieda Luminous Colour Glaze, \$14.99, drugstores across Canada

**2. April Laurie**  
1. Clairol Nice'n Easy two-step color boosting gloss, \$9.99, drugstores across Canada  
2. John Frieda Shear Blonde Healthy Attitude nourishing spray, \$9.99, drugstores  
3. Redken Blonde Glow Crystal Flash shine treatment, \$18.99, salon across Canada

**3. Sweet White**  
1. John Frieda Shear Blonde spray gold shading & highlighting foam, \$9.99, drugstores across Canada  
2. Redken Blonde Glow Shampoo white activator, \$13.99, salon across Canada  
3. AG Sterling Silver toning shampoo, \$13.99, salon across Canada

toning conditioner  
sterling silver  
AG

revitalisant tonifiant  
acondicionador tonificador  
178ml 6 fl.oz. e

toning shampoo  
sterling silver  
AG

shampooing tonifiant  
shampoo tonificador  
237ml 8 fl.oz. e



silver shines  
in these top magazines

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